

Cosmetic Eye Institute
Selena Fu, MD
PREOPERATIVE INSTRUCTIONS

Please read these instructions immediately upon receiving, do not wait until before surgery.

I. FOOD: NPO after midnight or food (any food) up to 6 hours before arrival time. **LIQUIDS:** coffee, tea, water up to 4 hours before arrival time.

No smoking for 2 weeks prior or after surgery.

II. WHAT TO WEAR: No jewelry, makeup, or contact lenses should be worn. Wear comfortable, loose-fitting clothing that does not need to be pulled over your head. Women should wear flat-heeled shoes to the hospital. You will need to change into a gown when you get to the surgery center.

III. TRANSPORTATION: Make sure you have arranged for transportation to and from the surgery center as you will not be permitted to drive yourself home. An adult over 18 will need to be available at the surgery center to listen to discharge instructions with you after your procedure.

IV. MEDICAL CONDITION: If you have a medical condition, please contact your private medical doctor to obtain approval for your surgical procedure. Any questions, concerns or medical clearance letters from your medical doctor must be received in our office five days prior to your procedure date.

V. MEDICATION: Take normal morning BP and necessary medications with sip of water day of surgery

DIABETICS: exception is insulin and diabetic medications-do not take your morning dose-bring to surgery

Many medications, both over the counter and prescription, enhance bleeding. Any prescription medications that you take must not be discontinued without the direction and approval of the prescribing physician. At the discretion of your primary care physician **STOP TAKING:**

- Coumadin / Warfarin, Effient/ Prasugrel **4 days prior** to surgery;
- Plavix, Aspirin, Aggrenox, or Persantine **10 days prior** to surgery;
- Xarelto / Rivaroxaban, Eliquis / Apixaban **24 hours prior** to surgery.
- Pradaxa / Dabigatran **48 hours prior** to surgery and **72 hours after** surgery.

***Inform our office if you are not allowed to stop these for any reason.*

Next page is a sample list of medications that must be discontinued and avoided for **2 weeks prior** to your scheduled procedure. Do not discontinue any medications prescribed by your doctor without his/her approval.

If you are taking herbal medications, such as St. John's Wort, Gingko Biloba, Ginseng and Garlic, they can enhance bleeding risks as well.

You should **stop taking ALL herbal medications at least two to three weeks before surgery**. If surgery is scheduled more quickly, patients should bring the products to the surgery center in its original container, so the doctor can determine the exact ingredients. We understand the list of medication is long but we only want the best possible care for you. **ANY QUESTIONS, PLEASE GIVE US A CALL 913-387-1104!**

Accutane	Dinol	Meclomen	St Joseph's
Aleve	Disalcid	Meclofenamate	Saletto
Acutrim	Doans Pills	Medipren	Salocol
Actifed	Dolcin	Mefenamic	Seladine
Adapin	Doxycycline	Mellaril	Sine-Off
Advil	Dristan	Metabolife	Sinequan
Alka-Seltzer	Duoprin	Methocarbarnol	Sinutab
Anacin	Duradyne	Mevacor	SK-65 Compound
Anaprox	Duradyne Forte	Micrainin	Sparine
Anodynos	Duragesic	Midol	Stanback
Ansaid	Durasel	Milain	Stelazine
Argesic	Dynosol	Minocin	Stendin
Arthralgen	Easprin	Mibidin	Supac
Arthritis Pain- formula	Ecotrin	Mobigesic	Surmontil
Arthropan	Efficin	Momentum	Synalgos
A.S.A.Enseals	Elavil	Motrin	Tagamet
Ascriptin	Emagrin	Mysteclin F	Talwin
Asperbuf	Empirin	Nalfon	TelaniTentab
Aspercin	Endep	Naprosyn	Tenuate
Aspergum	Equagesic	Naproxen	TenuateDospan
Axotal	Etiaron	Neocylate	Tepanil
Bayer	Etrafon	Nicobid	Tetracycline
BC tab	Ettatron	Norgesic	Thorazine
BC powder	Excedrin	Nurprin	Tofranil
Buff-A	Feldene	Omega-3	Tolectin
Buffaprin	Fenoprofeen	Oraflex	Tolmetin
Bufferin	Fiorinal	Orudis	Toradol
Buffets II	Flagyl	Os-CalGesic	Trandar
Buffinol	Fish Oil	Pabalate	Triamincin
Bur-Tablets	Flaxseed Oil	Pabirin	Triavil
Cama	Four-Way Cold	PAC	Trigesic
Capron	Garlic	Pamelor	Trilafon
Celebrex	Gingko Biloba	Parodyne Analgesic	Trilisate
Chlor-Trimetron	Ginseng	Pepto-Bismol	Uracel
Clinoril	Gaysal-S	Percodan	Ursinus
Compazine	Goody's Extra	Phenylpropanolamine	Vanquish
Congesprin	Heparin	Plegine	Verin
Contac	Ibuprofen	Pletal	Vibramycin
Cope	Indomethacin	Ponstel	Vioxx
Coricidin	Indocin	Propadine	Viru Med
Cosprin	Indo-Lemmon	Propoxyphene	Vitamin E
CP-3	Ketoprofen	Proxicam	Zomax
Darvon	Lanoinal	Relafen	Zorpi
Dalsin	Magan	Robaxisal	
Dimetane	Magsal	Ruffen	
Dimetapp	Marnal	Ru-Tuss	
	Measurin	S-A-C Tablets	
		Sal-Payne Capsules	

